



EXPERIENCE WEIGHT LOSS FOR LIFE!
*It's One thing to get it off...
With Ultra Lite you Keep it Off!*

HOME

TAKE THE TOUR

TESTIMONIALS

TESTS



Kim Phillips

With heart disease in her family, a marriage separation, and tipping the scales at 319 lbs., Kim decided that it was time to take control and lost 165 lbs. in the process to become half the person that she was.



Sam Ince

Feeling unhappy about her body (inside and out) for at least five years, her body was crying out for help. Health problems such as irritable bowel and gallstones made Sam realize she was heading down a scary and dangerous road. Losing 105 lbs. has certainly helped her regain her health!



Mark Crowe

After finishing playing Aussie Rules football I constantly battled weight problems. I had tried many of the high profile weight loss programs without major success. However, after being introduced to the Ultra Lite Program – all this changed.



Carmen Mizzi

Within 4 weeks of beginning the Ultra Lite program, I had stopped all chemical medication and felt wonderful!



Richard McKellar

The best thing about the Ultra Lite program is that you are provided with the tools to maintain your desired weight for life. Just before I went onto the Ultra Lite program, I was heading for 187 lbs. - twelve weeks later, I reached 147 lbs.!



Tina O'Toole

I had always had a weight problem and thought it was hereditary. I tried all the diets available but with very little success. Since commencing the Ultra Lite program, the weight literally fell off! I now feel more confident, it has raised my self-esteem, and I have a real sense of well-being.



Phil Heaven

After a number of years, trying different weight loss programs, I had in fact gained weight. My work and family life was being affected because of my weight problem. A friend spoke to me about Ultra Lite. I never looked back. I lost 61 lbs. in 11 weeks and am still counting.



Maria Downes

Prior to Ultra Lite, I was a couch potato and enjoyed being lazy and eating too much. Then, when I was part of the way into the program, I began to do some exercise (walking) - because I was being encouraged to do something to tone my body which was by now looking a lot slimmer.



Evelyn Linhart

I had never had weight loss success like this before. The wedding day went to plan and it was everything I wished it could be. I lost 108 lbs., 52 1/2 in. and dropped from a size 24 to a size 12."



Rowena

Wow this new way of eating is amazing! I've lost 47 lbs. and 28 in. in 12 weeks and I feel like a 'new' me - the results are tangible quickly! Clothes are too loose and I am fitting into skirts I haven't worn for six years!