

# Carefree Health Path Lyme Questionnaire

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NAME \_\_\_\_\_ DATE \_\_\_\_\_

## RISK PROFILE (PLEASE CHECK)

Tick infested area \_\_\_\_ Frequent outdoor activities \_\_\_\_ Hiking \_\_\_\_  
Fishing \_\_\_\_ Camping \_\_\_\_ Gardening \_\_\_\_ Hunting \_\_\_\_ Ticks noted on pets \_\_\_\_  
Do you remember being bitten by a tick? No \_\_\_\_ Yes \_\_\_\_ When? \_\_\_\_\_  
Do you remember having the "bull's eye rash"? No \_\_\_\_ Yes \_\_\_\_ Any other rash? No \_\_\_\_ Yes \_\_\_\_

## Have you had any of the following? CHECK ALL YES ANSWERS

1. **Unexplained skin changes:** Fevers   
Sweats  Chills  Flushing
2. **Unexplained weight change:** Weight loss  Weight gain
3. Fatigue  Tiredness
4. Unexplained hair loss
5. Swollen glands
6. Sore throat
7. Testicular pain  Pelvic pain
8. Unexplained menstrual irregularity
9. Unexplained milk production   
Unexplained breast pain
10. **Urinary problems:** Irritable bladder   
Bladder dysfunction
11. **Sexual difficulties:** Sexual dysfunction   
Loss of libido (desire)
12. Upset stomach
13. **Change in bowel function:**
19. **Stiffness:** Joints  Neck  Back
20. Muscle pain  Cramps
21. **Twitching:** Face  Other muscles
22. Headache
23. Neck creaks  Neck cracks   
Neck stiffness
24. Tingling  Numbness  Burning   
Stabbing sensations
25. Facial paralysis (Bell's Palsy)
26. **Eyes/Vision:** Double vision  Blurry   
Pain  Increased floaters
27. **Ears/Hearing:** Buzzing  Ringing   
Ear pain
28. Increased motion sickness  Vertigo
29. Lightheadedness  Wooziness   
Poor balance  Difficulty walking
30. Tremor
31. Confusion  Difficulty in thinking

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- Constipation  Diarrhea
14. Chest pain  Rib soreness
15. Shortness of breath  Cough
16. Heart palpitations  Pulse skips   
Heart block
17. **Any history of a heart murmur or valve prolapse?** Yes  No
18. **Joint pain or swelling?** Yes  No   
List joints:
32. Difficulty with concentration   
Difficulty reading
33. Forgetfulness  Poor short term memory
34. **Disorientation:** Getting lost   
Going to wrong places
35. Difficulty with speech   
Difficulty writing
36. Mood swings  Irritability  Depression
37. **Disturbed sleep:** Too much  Too little   
 Early awakening
38. Exaggerated symptoms or worse hangover from alcohol